

# The Gluten Free Menu



## Winter Berry Spritz Special

Bramble gin, crème de cassis, prosecco, black cherry syrup, topped with soda, blackberries, blueberries (2 for £12)

7½

## Appetisers & Starters

Bang Bang chicken bites, cool yogurt drizzle

6

Hummus, warmed gluten free bread, marinated olives, crumbled feta

5

Cajun spiced halloumi fries, pomegranate, spring onion, fresh chillies & coriander, yogurt

6½

Spanish chorizo, red wine & thyme reduction, gluten free garlic ciabatta

6

Moules Mariniere, gluten free bread

7½

Rosemary & garlic baked camembert, gluten free garlic ciabatta & cranberry sauce

8

Fat Boar sharing platter; bang bang chicken bites, hummus, gluten free bread, dirty fries, Cajun spiced halloumi fries, gluten free garlic bread wedges, garlic mayo, cool yogurt

25

## Mains

Chicken fajitas, gluten free tortilla wraps, sautéed mixed peppers & onion, sour cream, guacamole, grated cheese, tomato salsa, skinny French fries, chilli & coriander

16½

Pan fried salmon, Asian style rice noodles, stir fried veg, spring onion & coriander, fresh chillies, seaweed

15

Roast duck breast, dauphinoise potato, roasted carrot, pea puree, blackberry jus

16

Chicken Katsu curry, fragrant sticky rice, fresh chillies, spring onion & coriander, Asian salad

13½

Moules Mariniere, creamy white sauce, skinny fries, gluten free bread wedge

16

Gluten free battered haddock, hand cut chips, minted mushy peas, tartare sauce

13½

Glazed bacon chop, Fat Boar sticky sauce, poached eggs, hand cut chips, dressed side salad

13

Smoked mackerel salad, pickled red cabbage, soy braised butterbeans, heritage cherry tomatoes, balsamic glaze

11½

10oz Welsh ribeye, hand cut chips, roasted mushroom, onion rings, peppercorn sauce

24

## Burgers

House Burger; double 6oz steak burgers, grated cheddar, smoked streaky bacon, tomato, shredded lettuce, Bacon Jam, gluten free bun, skinny fries, homemade relish 14

Chicken Burger; salt & pepper breadcrumb coated chicken breast, grated cheddar, smoked streaky bacon, tomato, shredded lettuce, gluten free bun, skinny fries, homemade relish 14

Curried lentil, mushroom & sweet pepper dahl burger, toasted & gluten free bun, shredded lettuce, tomato, mint yogurt, skinny fries 13

## Upgrade your Fries:

Dirty fries 2½

Salt & Pepper Fries 2½

## Sides

Gluten free Garlic ciabatta, balsamic & oil	4	Gluten free onion rings	3
Gluten free garlic & cheese ciabatta, balsamic & oil		Side salad	3
Skinny fries	4 <sup>3/4</sup>	Gluten free Bread & Butter	1
Hand cut chips	3	Beer cheese sauce	3
Salt & pepper fries	4	Blue Cheese sauce	2½
Dirty fries; crispy bacon bites, beer cheese sauce, fresh chillies & coriander, spring onion	4	Peppercorn sauce	2½
	5	Diane sauce	2½

## Desserts

Salted caramel & chocolate Eton mess, vanilla cream, salted caramel ice cream, caramel sauce, chocolate sauce, meringue			6
Chocolate mint aero brownie, vanilla ice cream			6
Selection of Welsh ice creams & sorbets			5½

*If you have any dietary requirements, then please ask a member of staff for more information*

*(gf) denotes a dish is gluten free, \* denotes it can be prepared gluten free*

*(vg) denotes a dish is vegan, + denotes the dish can be prepared vegan*

